



*All pizza serving sizes are based upon one medium slice.

Serving Size (g)*
Calories (kcal)
Protein (g)
Total Fat (g)
Saturated Fat (g)
Trans Fat (g)
Carbohydrates (g)
Sodium (mg)
Sugars (g)
Dietary Fibre (g)
Legend

Veggie Pizzas

QUATTRO FORMAGGIO

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

MEAT-FREE PEPPERONI (RECIPE CONTAINS GLUTEN)

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

PESTO VEGETARIAN

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

VEGGIE MEDITERRANEAN

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

VEGGIE KORMA (RECIPE CONTAINS GLUTEN)

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

Plant-based Pizzas

PLANT-BASED DELUXE PEPPERONI (RECIPE CONTAINS GLUTEN)

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

PLANT-BASED BEYOND SPICY CALABRESE

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

Serving Size (g)*
Calories (kcal)
Protein (g)
Total Fat (g)
Saturated Fat (g)
Trans Fat (g)
Carbohydrates (g)
Sodium (mg)
Sugars (g)
Dietary Fibre (g)
Legend

Plant-based Pizzas

PLANT-BASED BEYOND SUMMER BBQ

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

PLANT-BASED SPICY HAWAIIAN (RECIPE CONTAINS GLUTEN)

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

PLANT-BASED MEDITERRANEAN (RECIPE CONTAINS GLUTEN)

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Thin, Hand-tossed, Multigrain, Multigrain Thin, and Organic Gluten-smart.

Sides

SALADS

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Antipasto Salad, Chicken Caesar Salad, Chicken Garden Salad, Mediterranean Salad, Caesar Salad, Caesar Salad w/Bacon, Garden Salad, Steak Caesar Salad, Steak Garden Salad, Taco Salad (includes sour cream + salsa).

BREADS (PER BREADSTICK)

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Cinnamon Breadsticks, Garlic Cheezy Bread, Super Cheezy Bread.

DESSERT

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Chocolate Chunk Pretzel Cookie, Mini New York Cheesecake, Mini Pumpkin Cheesecake, Mini Chocolate Cheesecake.

Sides

SHAKERS

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Formaggio, Italiano, Chilli.

DIPS

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Jalapeño Ranch, Cayenne Hot Sauce, Italian Garlic, Cheezy Cheddar, Italian Tomato, Chipotle Cilantro, Classic Caesar, Balsamic Vinaigrette, Blue Cheese, Simple Italian (Vegan), Sweet Mustard (Vegan), Sweet Frost Icing, Caramel.

WINGS + BITES (PER 10 PC/PACK, PER 8 PC PACK FOR CHICK'N TENDERS)

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Deliciously Simple, Hot + Spicy, Salt + Pepper, Honey Garlic, Chicken Bites, Gardein® Breaded Chick'n Tenders (plant-based).

CUCINA DIPS

Table with 11 columns: Item, Serving Size, Calories, Protein, Total Fat, Saturated Fat, Trans Fat, Carbohydrates, Sodium, Sugars, Dietary Fibre. Rows include Cheezy Formaggio, Creamy Ranch Jalapeño, Italiano Garlic, Cayenne Hot Sauce.



LEGEND

- ▲ Source of Energy. Food provides at least 100 calories per serving of stated size and per reference amount.
♥ 5g of fat or less. Food contains 5g or less of fat per serving of stated size and per reference amount.
● Source of Fibre. Food contains 2g or more of fibre per serving of stated size and per reference amount.

Although the organic gluten-smart crust is entirely gluten-free, the nature of our operations and open-concept kitchens present inevitable flour cross-contamination and therefore gluten exposure. This crust is NOT recommended for celiac disease sufferers or those customers with a moderate to high gluten intolerance or sensitivity. Nutrition information for all Panago Pizza menu items is based on Panago standard recipes. Due to the handcrafted nature of these products, nutrient values may vary from those published here. New product introduction, ingredient changes or recipe changes during the life of this publication may cause this information to be incomplete. Panago nutritional values are generated through a standardized database. For the most up to date nutritional information please visit panago.com.

Panago Allergen Chart



We care about your health and any allergies or sensitivities you, or a member of your family, may have.

The following Allergen Chart lists food products that contain any of the allergens* which are estimated to cause more than 90% of all allergic reactions.

ALLERGENS	Peanuts*	Tree Nuts*	Milk & Milk Products	Eggs	Fish	Shellfish	Soy & Soy Products	Wheat & Gluten	Sesame Seeds	Naturally Occurring Sulphites	Mustard Seeds
DOUGH											
Original Hand-tossed Crust								▲			
Italian Thin Crust								▲			
Multigrain Crust								▲			
Multigrain Thin Crust								▲			
Organic Gluten-smart Crust								▲			
SAUCES											
Organic Tomato											
Pesto		▲	▲								
Cheezy Cheddar		▲	▲								▲
Jalapeño White		▲	▲								▲
Sweet + Smoky Tropical											
Fresh Salsa											
BBQ											▲
Chipotle Cilantro				▲							▲
Coconut Curry		▲					▲		▲		
CHEESES											
Cheddar		▲									
Formaggio Blend		▲									
(asiago, romano + parmesan)		▲									
Mozzarella		▲									
Feta		▲									
Parmesan		▲									
Mozzarella / Cheddar Blend		▲									
Goat Cheese		▲									
Dairy-free Daiya® Cheeze**		▲									
TOPPINGS											
Canadian Ham											
Capicollo											
Sautéed Mushrooms											
Jalapeño Peppers											
Green Olives											
Baby Spinach Leaves											

ALLERGENS	Peanuts*	Tree Nuts*	Milk & Milk Products	Eggs	Fish	Shellfish	Soy & Soy Products	Wheat & Gluten	Sesame Seeds	Naturally Occurring Sulphites	Mustard Seeds
TOPPINGS (cont'd)											
Spicy Italian Sausage											
Hot Banana Peppers											
Pepperoni											
Tomatoes											▲
Caramelized Onions											▲
Green Peppers											
Roasted Garlic											▲
Black Olives											
Red Onions											
Red Peppers											
Genoa Salami											
Pineapple							▲	▲			▲
Ground Beef											
Side Bacon											
Grilled Chicken											▲
Steak											
Grilled Veggies											
Kalamata Olives											
Fire-roasted Tomatoes											
Meat-free Pepperoni											▲
Sour Cream											▲
Roasted Corn Medley											
Tex-mex Chicken											▲
Iceberg Lettuce											
Romaine Lettuce											
Beyond Meat® Italian Sausage Crumble**											
WINGS + BITES											
Deliciously Simple											
Salt + Pepper											
Hot + Spicy											
Honey Garlic											▲
Chicken Bites											▲
Gardein® Breaded Chick'n Tenders**											▲

ALLERGENS	Peanuts*	Tree Nuts*	Milk & Milk Products	Eggs	Fish	Shellfish	Soy & Soy Products	Wheat & Gluten	Sesame Seeds	Naturally Occurring Sulphites	Mustard Seeds
SALADS (dressings not included)											
Calabrese Croutons											
Garden Salad											▲
Garden Chicken Salad											▲
Garden Steak Salad											▲
Caesar Salad											▲
Chicken Caesar Salad											▲
Steak Caesar Salad											▲
Mediterranean Salad											
Antipasto Salad											
Chicken Taco Salad											▲
Bacon Caesar Salad											▲
BREADS + DESSERT											
Sweet Cinnamon Breadsticks											▲
Garlic Cheezy Bread											▲
Super Cheezy Bread											▲
Chocolate Chunk Pretzel Cookie											▲
Mini New York Cheesecake											▲
Mini Pumpkin Cheesecake											▲
Mini Chocolate Cheesecake											▲
SHAKERS											
Chilli											
Italiano											
Formaggio											▲
DIPS & DRESSINGS											
Italian Garlic											▲
Italian Tomato											▲
Cheezy Cheddar											▲
Cayenne Hot Sauce											▲
Blue Cheese											▲
Classic Caesar											▲
Jalapeño Ranch											▲
Balsamic Vinaigrette											▲
Chipotle Cilantro											▲
Simple Italian (Vegan)											▲
Sweet Mustard Dip (Vegan)											▲
Sweet Frost Icing											▲
Premium Caramel											▲
PANAGO CUCINA											
Cheezy Formaggio Dip											▲
Italiano Garlic Dip											▲
Jalapeño Ranch Dip											▲
Cayenne Hot Sauce											▲

*Panago uses only the finest ingredients available and our products have no added MSG, no artificial flavours or colours. All Panago products are rennet-free and we use real 2% partly skimmed, lower-fat, mozzarella cheese. Peanuts, peanut oil and tree nuts are not used in any Panago products. As all products are prepared in an open-kitchen environment, we cannot guarantee a 100% allergen-free environment. Allergen information is based on standard Panago recipes and is compiled from product information provided by our approved food suppliers and further based on standard product formulations. This chart is complete at the time of publication, July 2019. New product introduction, ingredient and/or recipe changes may cause this chart to become obsolete – please continue to check for updates or contact customer-care@panago.com.

**Peas are legumes. People with severe allergies to legumes, like peanuts, should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy. Contains no peanuts or tree nuts.