



\*All pizza serving sizes are based upon one medium slice.

Table with 11 columns: Serving Size (g)\*, Calories (kcal), Protein (g), Total Fat (g), Saturated Fat (g), Trans Fat (g), Carbohydrates (g), Sodium (mg), Sugars (g), Dietary Fibre (g), Legend

CHICKEN PIZZAS

Main menu table containing nutritional information for various pizzas including Buffalo Chicken, BBQ Chicken, Chicken Club, The Fajita, Chicken Taco, Pesto Chicken, Tropical Chicken, Chipotle Chicken, Plant-Based Pizzas, and Plant-based Veggie Medley.

LEGEND

▲ Source of Energy. Food provides at least 100 calories per serving of stated size and per reference amount.
▲ 5g of fat or less. Food contains 5g or less of fat per serving of stated size and per reference amount.
● Source of Fibre. Food contains 2g or more of fibre per serving of stated size and per reference amount.

PLANT-BASED PIZZAS

Table listing nutritional information for Plant-based Spicy Hawaiian and Plant-based Mediterranean pizzas.

SHRIMP PIZZAS

Table listing nutritional information for Primo Shrimp and Pesto Shrimp pizzas.

SIDES

Table listing nutritional information for Salads and Breads (per breadstick).

SIDES

Table listing nutritional information for Dessert, Shakers, Dips, Wings + Bites (per 10 piece pack), and Cucina Dips.



Although the Gluten-smart crust is entirely gluten-free, the nature of our operations and open-concept kitchens present inevitable flour cross-contamination and therefore gluten exposure. This crust is NOT recommended for celiac disease sufferers or those customers with a moderate to high gluten intolerance or sensitivity.

# Panago Allergen Chart

We care about your health and any allergies or sensitivities you, or a member of your family, may have.

The following Allergen Chart lists food products that contain any of the allergens\* which are estimated to cause more than 90% of all allergic reactions.



ALLERGENS	Peanuts*	Tree Nuts*	Milk & Milk Products	Eggs	Fish	Shellfish	Soy & Soy Products	Wheat & Gluten	Sesame Seeds	Naturally Occurring Sulphites	Mustard Seeds
<b>Dough</b>											
Original Hand-tossed Crust								▲			
Italian Thin Crust								▲			
Multigrain Crust								▲			
Multigrain Thin Crust								▲			
Gluten-smart Crust											
<b>Sauces</b>											
Organic Italian Tomato											
Passata Tomato											
Pesto		▲	▲								
Cheezy Cheddar		▲	▲							▲	
Jalapeño White		▲	▲							▲	
Sweet + Smoky Tropical											
Fresh Salsa											
BBQ										▲	
Hot Buffalo											
Chipotle Cilantro				▲							▲
Coconut Curry		▲							▲		
<b>Cheeses</b>											
Cheddar		▲									
Formaggio Blend		▲									
(asiago, romano + parmesan)		▲									
Mozzarella		▲									
Feta		▲									
Parmesan		▲									
Mozzarella/Cheddar Blend		▲									
Goat Cheese		▲									
Dairy-free Daiya™ Cheeze											
<b>Toppings</b>											
Canadian Ham											
Capicollo											
Sautéed Mushrooms											
Jalapeño Peppers											
Green Olives											
Baby Spinach Leaves											

ALLERGENS	Peanuts*	Tree Nuts*	Milk & Milk Products	Eggs	Fish	Shellfish	Soy & Soy Products	Wheat & Gluten	Sesame Seeds	Naturally Occurring Sulphites	Mustard Seeds
<b>Toppings (cont'd)</b>											
Spicy Italian Sausage											
Hot Banana Peppers											
Pepperoni											
Tomatoes											
Caramelized Onions											
Green Peppers											
Roasted Garlic											
Black Olives											
Red Onions											
Red Peppers											
Genoa Salami											
Pineapple											
Anchovies											
Ground Beef											
Side Bacon											
Grilled Chicken											
Steak											
Wild Pink Shrimp											
Grilled Veggies											
Kalamata Olives											
Fire-roasted Tomatoes											
Meat-free Pepperoni											
Sour Cream											
Roasted Corn Medley											
Tex-mex Chicken											
Canadian Back Bacon											
Iceberg Lettuce											
Romaine Lettuce											
<b>Wings + Bites</b>											
Deliciously Simple											
Salt + Pepper											
Hot + Spicy											
Honey Garlic											
Chicken Bites											

ALLERGENS	Peanuts*	Tree Nuts*	Milk & Milk Products	Eggs	Fish	Shellfish	Soy & Soy Products	Wheat & Gluten	Sesame Seeds	Naturally Occurring Sulphites	Mustard Seeds
<b>Salads (dressings not included)</b>											
Calabrese Croutons											
Garden Salad											
Garden Chicken Salad											
Garden Shrimp Salad											
Garden Steak Salad											
Caesar Salad											
Chicken Caesar Salad											
Shrimp Caesar Salad											
Steak Caesar Salad											
Mediterranean Salad											
Antipasto Salad											
Chicken Taco Salad											
Bacon Caesar Salad											
<b>Shakers</b>											
Chilli											
Italiano											
Formaggio											
<b>Breads + Dessert</b>											
Sweet Cinnamon Breadsticks											
Garlic Cheezy Bread											
Super Cheezy Bread											
Chocolate Chunk Pretzel Cookie											
Mini New York Cheesecake											
Mini Raspberry Swirl Cheesecake											
<b>Dips &amp; Dressings</b>											
Italian Garlic											
Italian Tomato											
Cheezy Cheddar											
Cayenne Hot Sauce											
Blue Cheese											
Classic Caesar											
Jalapeño Ranch											
Balsamic Vinaigrette											
Chipotle Cilantro											
Simple Italian (Vegan)											
Sweet Frost Icing											
Premium Caramel											
<b>Panago Cucina</b>											
Cheezy Formaggio Dip											
Italiano Garlic Dip											
Jalapeño Ranch Dip											
Cayenne Hot Sauce											

\*Panago uses only the finest ingredients available and our products have no added MSG, no artificial flavours or colours. All Panago products are rennet-free and we use real 2% partly skimmed, lower-fat, mozzarella cheese. Peanuts, peanut oil and tree nuts are not used in any Panago products. As all products are prepared in an open-kitchen environment, we cannot guarantee a 100% allergen-free environment. Allergen information is based on standard Panago recipes and is compiled from product information provided by our approved food suppliers and further based on standard product formulations. This chart is complete at the time of publication, June 2019. New product introduction, ingredient and/or recipe changes may cause this chart to become obsolete – please continue to check for updates or contact customercare@panago.com.