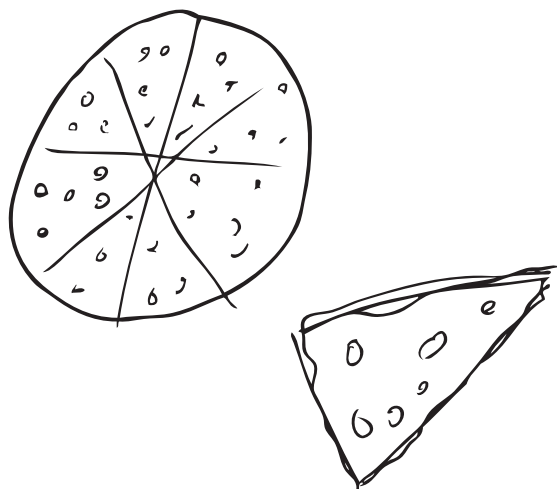




Commitment to Health + Nutrition

This chart has been designed to help you understand how Panago's serving sizes meet the guidelines for Food + Beverage Sales in Ontario's Elementary Schools. The new policy issued by the Ontario Government, entitled PPM 150 embodies the principles of healthy eating as outlined in Canada's Food Guide. It is intended to ensure that the food and beverages sold in schools contribute to students' healthy growth and development. In this policy, there are 3 categories: Sell Most, Sell Less, and Not Permitted for Sale.

For more information, please email us at: schoolprograms@panago.com



PIZZA DAY OPTIONS		SERVING SIZE (SLICES*)	SERVING SIZE (GRAMS)	SELL MOST	SELL LESS	NOT PERMITTED FOR SALE
PEPPERONI PIZZA - REGULAR HAND-TOSSED	1/6	162 g			■	
	1/8	121 g	●			
	1/10	97 g				*
PEPPERONI PIZZA - MULTIGRAIN HAND-TOSSED	1/6	162 g			■	
	1/8	121 g	●			
	1/10	97 g	●			
CHEESE PIZZA - REGULAR HAND-TOSSED	1/6	168 g			■	
	1/8	126 g	●			
	1/10	101 g				*
CHEESE PIZZA - MULTIGRAIN HAND-TOSSED	1/6	168 g			■	
	1/8	126 g	●			
	1/10	101 g	●			
ORGANIC JUICE - ORANGO (ORANGE + MANGO)	200 ml		●			
ORGANIC JUICE - GRAPPLE (GRAPE + APPLE)	200 ml		●			
ORGANIC JUICE - LEMONADE	200 ml		●			
ORGANIC JUICE - APPLE	200 ml		●			

* refers to slices in a large 14" pizza

- MEETS ALL OF THE REQUIREMENTS FOR SELL MOST
- 1-3 GRAMS TOO HIGH IN FAT AND/OR SATURATED FAT
- * 1 GRAM OF FIBRE TOO LOW

NOTE: OTHER PIZZA VARIETIES ARE AVAILABLE IN THE "SELL MOST" CATEGORY



Sell Most (80%+) Products in this category are healthiest and generally have higher levels of essential nutrients, and lower amounts of fat, sugar and/or sodium. They must make up at least 80% of all food choices that are available for sale in schools.

Sell Less (20%-) Products in this category may have slightly higher levels of fat, sugar, and/or sodium than foods in the Sell Most category. They must make up no more than 20% of all food choices that are available for a sale in schools.

Not permitted for Sale. Products in this category generally contain few or no essential nutrients and/or contain higher amounts of fat, sugar, and/or sodium. Food and beverages in this category may not be sold in schools.